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*Because Every Child Deserves to Be Happy and Have a Beautiful Life
...**Magic to Love Yourself!** A Loving Approach to Bullying.*

The sensitive issue of bullying continues making headlines around the country. Bullying is a problem that just doesn't seem to go away. Families, schools and whole communities throughout the country ponder how best to respond to bullying in the lives of their children.

Author, Patricia Anaya is taking action to make a difference for the children. Introducing, "*The Three Powers, Magic to Love Yourself!*" the first book in an ongoing series focused on helping children to develop a strong foundation of self-esteem and reduce bullying in our schools. The Three Powers is intended to connect with children during the early stages when they are beginning to experience bullying in their lives. It will help to teach them strategies to aid them in overcoming bullying in a positive way, build self-esteem and self-efficacy, and improve communication with their parents.

The Three Powers, Magic to Love Yourself! teaches children the principles to love themselves and to develop their own ability to make good friends and be happy. Bullying does not have to be part of our children's lives. The Three Powers will teach them to overcome it with love, faith and their words.

Patricia has been creating projects for children and families for over 12 years and she believes that everyone has the power within to create an amazing life. "If we can teach that principle to our children they will be more successful and achieve happiness in their lives, I teach my nine year old daughter Daniela how to use her power to choose how she will face the challenges in life every day. She loves knowing that she can create her own success in life." Patricia reveals.

The Three Powers is an exceptionally well illustrated book combining both comic and picture book composition that every child will enjoy reading and learning with. The book will be released in December 2011. Patricia will be distributing the first copies through a program she has created partnering with teachers in select elementary schools, and via workshops and parenting seminars. The book will be available in print, audio and electronic versions in both English and Spanish at www.TheThreePowers.com website.

ABOUT THE AUTHOR

Patricia Anaya has a passion for creating projects that help people, especially women and children. She is the creator of the recently launched brainywoman.com, an online community for people of all ages that focuses on building and strengthening self-esteem. She has expanded the brainywoman brand to include brainywoman.com en español as well as brainywoman Café, Patricia's entry into the world of public speaking, a very intimate and casual workshop for groups of 20 to 50 women. "I'm helping people to develop their self-esteem, love themselves and find happiness, that special part of themselves they may have forgotten," Patricia says. "This opens up so many possibilities for me to touch women's lives one-on-one." As brainy women everywhere connect with others of like mind, express personal life stories, share a good laugh, shop for fun products and relevant services and explore new ways of improving their self-esteem, they also enjoy a special bond: Love Yourself! Tell the World You're Pretty, Sexy & Smart!

The Three Powers, Magic to Love Yourself!

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For additional information, please do not hesitate to contact me, or visit www.TheThreePowers.com.

Sincerely,

Patricia Anaya

Author, Speaker, Life Coach and Creative Director